



Cryotherapy Eye: Directions for Use

- * Place blue eye wrap w/gel packs in freezer for a minimum of 2 hours before use.
- * Remove blue eye wrap and gel packs from freezer.
- * If gel packs are not already installed in wrap, do so by detaching velcro straps, laying flat and installing gel into pockets.
- * With the opening facing up, place the wrap over the eyes.
- * Wrap the latex free straps around the eyes and make contact.
- * Apply only mild compression.
- * If there is no barrier between skin and wrap, do not use more than 20 minutes at a time.
- * Read carefully the instructions printed on the gel bag and follow.
- * If icing over a post-op dressing, leave wrap on for up to 1 to 2 hours, or as directed by your medical practitioner.
- * For continuous icing, keep extra gel in freezer and rotate when necessary.

If you have any questions, please call toll free (800) 833-3605.

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